



Breakfast \$1.25  
Milk 40¢

**DECEMBER 2009  
PROVISO TOWNSHIP  
HIGH SCHOOL DISTRICT 209  
BREAKFAST MENU**



The holidays can be a fun and exciting time of year when there is a lot going on, and a lot to do!

Keep your energy up by making sure you start each day with a good breakfast!

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> FRENCH TOAST STICKS w/Syrup <i>OR CEREAL CHOICE</i> 100% APPLE JUICE	<b>2</b> BREAKFAST PIZZA <i>OR CEREAL CHOICE</i> 100% ORANGE JUICE	<b>3</b> TOASTED BAGEL w/Cream Cheese <i>OR CEREAL CHOICE</i> 100% APPLE JUICE	<b>4</b> WAFFLE STICKS w/Syrup <i>OR CEREAL CHOICE</i> 100% ORANGE JUICE
<b>7</b> PANCAKES w/Syrup <i>OR CEREAL CHOICE</i> 100% APPLE JUICE	<b>8</b> EGG & CHEESE on an English Muffin <i>OR CEREAL CHOICE</i> 100% ORANGE JUICE	<b>9</b> FRENCH TOAST STICKS w/Syrup <i>OR CEREAL CHOICE</i> 100% APPLE JUICE	<b>10</b> YOGURT CUP w/Graham Crackers <i>OR CEREAL CHOICE</i> 100% ORANGE JUICE	<b>11</b> PANCAKE WRAP w/Syrup <i>OR CEREAL CHOICE</i> 100% APPLE JUICE
<b>14</b> <u><i>FINALS</i></u> FRENCH TOAST STICKS w/Syrup <i>OR CEREAL CHOICE</i> 100% ORANGE JUICE	<b>15</b> <u><i>FINALS</i></u> BREAKFAST PIZZA <i>OR CEREAL CHOICE</i> 100% APPLE JUICE	<b>16</b> <u><i>FINALS</i></u> YOGURT CUP w/Graham Crackers <i>OR CEREAL CHOICE</i> 100% ORANGE JUICE	<b>17</b> <u><i>FINALS</i></u> TOASTED BAGEL w/Cream Cheese <i>OR CEREAL CHOICE</i> 100% APPLE JUICE	<b>18</b> <u><i>FINALS</i></u> WAFFLE STICKS w/Syrup <i>OR CEREAL CHOICE</i> 100% ORANGE JUICE
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b><i>WINTER BREAK - SEE YOU ON JANUARY 6th, 2010</i></b>				
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
<b><i>HAPPY NEW YEAR!!!</i></b>				

Questions about the menu?  
Call  
708-202-1746 East  
708-202-6217 West  
708-338-4181 PMSA  
A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.

Milk variety offered daily. \*\* Please Note \*\* \* Contains Pork  
Menu changes may be necessary. Notice will be given when possible.