



**JANUARY 2010**  
**PROVISO TOWNSHIP**  
**HIGH SCHOOL DISTRICT 209**  
**FACULTY - LUNCH MENU**



Healthy choices are available every day including fresh made salads & wraps

Also, all student choices by request:

- Pizza
- Chicken
- Sandwich
- Fresh Made Deli
- & Daily Specials

Monday	Tuesday	Wednesday	Thursday	Friday
<b>4</b>  <i>INSTITUTE DAY</i>	<b>5</b>  <i>INSTITUTE DAY</i>	<b>6</b> FETTUCCINI ALFREDO w/Soft Breadstick GARDEN PEAS FRUIT CUP  VEGETABLE SOUP	<b>7</b> *POLISH SAUSAGE on a Bun ONION RINGS <u>OR</u> FRIES WHOLE KERNEL CORN FRUIT CUP  CHICKEN RICE SOUP	<b>8</b> FRIED <u>OR</u> BAKED CATFISH SPAGHETTI SIDE SALAD w/Breadstick  MINESTRONE SOUP
<b>11</b> HOMEMADE BURGERS w/Lettuce & Tomatoes FRENCH FRIES FRESH FRUIT  POTATO SOUP	<b>12</b> BAKED LASAGNA SEASONED GREEN BEANS GARDEN SALAD w/Dressing GARLIC BREAD  TOMATO SOUP	<b>13</b> *SMOTHERED PORK CHOPS CABBAGE CORN ON THE COB CORN MUFFIN  BEEF VEGETABLE SOUP	<b>14</b> 2 SOFT SHELL TACOS w/The Works SPANISH RICE MIXED FRUIT  CHICKEN NOODLE SOUP	<b>15</b>  <i>HALF DAY</i>  <i>NO LUNCH SERVED</i>
<b>18</b>  <i>NO SCHOOL</i>  Martin Luther King Birthday	<b>19</b> BAKED MEATLOAF GARDEN PEAS WHIPPED POTATOES w/Gravy ROLL CHICKEN NOODLE SOUP	<b>20</b> CHICAGO STYLE HOT DOG ONION RINGS <u>OR</u> FRIES MIXED FRUIT  GARDEN VEGETABLE SOUP	<b>21</b> BAKED MOSTACCIOLI w/Meat Sauce & Garlic Bread GARDEN SALAD w/Dressing FRESH FRUIT CHICKEN RICE SOUP	<b>22</b> FRIED <u>OR</u> BAKED CATFISH GARDEN PEAS CORN ON THE COBB WHEAT ROLL POTATO SOUP
<b>25</b> *BACON CHEESEBURGER w/Lettuce & Tomatoes FRENCH FRIES FRUIT CUP  CHICKEN NOODLE SOUP	<b>26</b> SALISBURY STEAK RICE w/Gravy GARDEN PEAS WHEAT ROLL  TOMATO SOUP	<b>27</b> BBQ CHICKEN POTATO SALAD BAKED BEANS MIXED FRUIT  VEGETABLE SOUP	<b>28</b> *ITALIAN SAUSAGE on a Bun w/Onions & Peppers ONION RINGS <u>OR</u> FRIES MIXED FRUIT  MINESTRONE SOUP	<b>29</b> FRIED <u>OR</u> BAKED CATFISH SPAGHETTI SIDE SALAD w/Breadstick POTATO SOUP



Milk variety offered daily.  
 Breads & grains offered daily.

\*\* Please Note \*\*

Menu changes may be necessary. Notice will be given when possible.

\* Contains Pork

