



**JANUARY 2010**  
**PROVISO TOWNSHIP**  
**HIGH SCHOOL DISTRICT 209**  
**STUDENT - LUNCH MENU**



Healthy choices are available every day including fresh made salads & wraps

Also, all student choices by request:  
 Pizza  
 Chicken Sandwich  
 Fresh Made Deli & Daily Specials

Monday	Tuesday	Wednesday	Thursday	Friday
4 <i>INSTITUTE DAY</i>	5 <i>INSTITUTE DAY</i>	6 PASTA w/Meat Sauce MIXED VEGETABLES SWEET PEARS	7 CHICKEN NUGGETS STEAMED CARROTS CHILLED APPLESAUCE	8 *MINI CORN DOGS *BAKED BEANS FRESH ORANGE WEDGES
11 BAKED MEATLOAF WHIPPED POTATOES w/Gravy GARDEN PEAS	12 CONEY ISLAND CORN DOG SEASONED GREEN BEANS MIXED FRUIT CUP	13 CHEESEBURGER STEAMED BROCCOLI DICED PEACHES	14 PASTA w/Meat Sauce MIXED VEGETABLES SWEET PEARS	15 <i>HALF DAY</i> <i>NO LUNCH SERVED</i>
18 <i>NO SCHOOL</i> Martin Luther King Birthday	19 CHICKEN NUGGETS w/BBQ Sauce WHIPPED w/Gravy MANDARIN ORANGES	20 BEEF SHEPHERD'S PIE w/Wheat Roll STEAMED CARROTS CHILLED APPLESAUCE	21 *BBQ RIB SANDWICH WHOLE KERNEL CORN MIXED FRUIT	22 CHEESEBURGER STEAMED BROCCOLI DICED PEACHES
25 CHICKEN & NOODLES BREADSTICK DICED PEACHES	26 *TOASTED HAM & CHEESE STEAMED BROCCOLI CHILLED APPLESAUCE	27 *SLOPPY JOE on a Bun PEAS & CARROTS CRISP APPLE	28 BUFFALO NUGGETS WHOLE KERNEL CORN FRESH ORANGE WEDGES	29 BAKED MEATLOAF WHIPPED POTATOES w/Gravy GARDEN PEAS

Questions about the menu?

708-202-1746 East  
 708-202-6217 West  
 708-338-4181 PMSA

A comprehensive Nutrition Guide is available in the Food Service Office.



Milk variety offered daily.  
 Breads & grains offered daily.

\*\* Please Note \*\*  
 Menu changes may be necessary. Notice will be given when possible.

\* Contains Pork