



JANUARY 2018
PROVISO EAST - PROVISO WEST- P.M.S.A
STUDENT
Breakfast Menu

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
01	NO SCHOOL	02	NO SCHOOL	03	NO SCHOOL	04	NO SCHOOL	05	NO SCHOOL	
08	PANCAKES <u>W/ SYRUP</u> CEREAL BAGEL STRING CHEESE YOGURT GRAPE JUICE STRAWBERRY CUP	09	SCRAMBLED EGG W/ SAUSAGE & CHEESE CEREAL SUGAR DONUT GRITS STRING CHEESE MIXED JUICE FRESH BANANA	10	Chicken-HAM CHEESE <u>FLATBREAD SDW...</u> CEREAL BLUEBERRY MUFFIN YOGURT STRING CHEESE ORANGE JUICE FRESH APPLE	11	BOSCO APPLE <u>STICKS</u> CEREAL BAGEL OATMEAL CHERRY STAR JUICE FRESH ORANGE	12	PANCAKES <u>W/ SYRUP</u> CEREAL OATMEAL STRING CHEESE YOGURT ORANGE JUICE FRESH BANANA	MORE INFO... <u>BREAKFAST</u> SERVED DAILY 7:15 AM – 7:50 AM BREAKFAST <u>PRICE</u> 1 ST – NO COST 2 ND BREAKFAST \$1.55 BREAKFAST <u>INCLUDES</u> Choice of Fruit + 2 FULL servings of other components. Lender's Bagels, Aunt Jemima Whole Grain Pancakes, French toast Sticks, Waffles, Dannon Yogurts, Otis Spunkmeyer, Reduced Fat & Whole Grain Muffins, Reduced Sugar Cereals, Whole Grain & Enriched White Breads. Plus, Yogurt Parfait, Fresh Fruit or Canned Fruit packed in Juice or Water with no added Sugar. Prairie Farms Hormone Free Milk We only serve 1% white milk, skim milk or fat free chocolate milk. OR GRAB & GO BREAKFAST
15	MARTIN LUTHER KING JR. BIRTHDAY NO SCHOOL	16	BUILDING INSTITUTE DAY NO SCHOOL	17	EGG-CHEESE <u>SANDWICH</u> CEREAL BAGEL STRING CHEESE YOGURT GRAPE JUICE PEACH CUP	18	CHICKEN PATTY BISCUIT <u>SANDWICH</u> CEREAL BAGEL OATMEAL STRING CHEESE FRUIT JUICE FRESH APPLE	19	PANCAKES <u>W/ SYRUP</u> CEREAL BLUEBERRY MUFFIN GRITS YOGURT STRING CHEESE ORANGE JUICE FRESH BANANA	
22	PANCAKES <u>W/ SYRUP</u> CEREAL CHOCOLATE MUFFIN STRING CHEESE YOGURT GRAPE JUICE FRESH BANANA	23	SCRAMBLED EGG W/ SAUSAGE & CHEESE CEREAL BAGEL STRING CHEESE GRITS FRUIT JUICE FRESH BANANA	24	Chicken-HAM CHEESE <u>FLATBREAD SDW.</u> CEREAL BAGEL BANANA MUFFIN STRING CHEESE ORANGE JUICE FRESH APPLE	25	WAFFLE <u>W/ SYRUP</u> CEREAL OATMEAL BLUEBERRY MUFFIN STRING CHEESE MIXED FRUIT JUICE FRESH ORANGE	26	SAUSAGE <u>BREAKFAST PIZZA</u> CEREAL APPLE CINNAMON MUFFIN OATMEAL STRING CHEESE ORANGE JUICE FRESH BANANA	
29	SCRAMBLED EGGS W/ CHEESE & <u>SAUSAGE</u> CEREAL BAGEL STRING CHEESE YOGURT GRAPE JUICE SLICED PEACHES	30	WAFFLE <u>W/ SYRUP</u> CEREAL BLUEBERRY MUFFIN STRING CHEESE GRITS ORANGE JUICE FRESH APPLE	31	EGG-CHEESE <u>SANDWICH</u> CEREAL BAGEL STRING CHEESE YOGURT GRAPE JUICE PEACH CUP					

WELCOME BACK TO - 2018 - HAPPY NEW YEAR



ARAMARK IS your food service provider for the Proviso High School District. If you have any questions, please feel free to contact: Mr. Joe Brown at 708-202-3044 or brown-joseph4@aramark.com. And check us out at Instagram Aramark_Proviso209

Menus are subject to change without notice.

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