



MARCH 2018

PROVISO EAST – PROVISO WEST –  
P.M.S.A.  
STUDENT LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
			01 TURKEY TACO SALSA-LETTUCE-TOMATOES-CHEESE-JALAPENO PEPPERS-SOUR CREAM SPICED RICE SIDE SALAD TURKEY REUBEN MELT	02 FISH STICKS FRENCH FRIES COLESLAW BREADSTICK FRESH APPLE FRUIT JUICE SOUTHWEST TURKEY WRAP	<b>ENTRÉE COST</b> 1 <sup>ST</sup> - No Cost 2 <sup>ND</sup> Lunch - \$2.41 DAILY <u>MEAL INCLUDES</u> VEGETABLE- FRUIT -WHOLE WHEAT BREAD- PROTEIN- CHOICE OF MILK STATIONS <b>GREEN STREET DELI</b> MTO=Made to order Sandwich (EAST & PMSA) Fresh ready-made Sandwich (WEST) GRAB & GO SALADS <b>RESTAURANT ROTATION</b> Entrée Pasta & Hot Sandwiches <b>CORNER CRUST</b> 2-3 Kinds of Pizza & Hot Sandwiches <b>TORTILLA</b> Tacos & Nachos <u>BEVERAGE CHOICES</u> 1% Milk, Skim White & Fat Free Chocolate Which is Hormone Free And 100% Fruit Juice <u>A LA CARTE</u> Baked Fries \$1.25 Ice Cream (varies) Baked Chips \$1.00 Gummy Fruit \$.50 Gatorade \$1.25 Izzy Drinks \$1.50 Naked Juice \$2.25 Snapple \$1.25  FRESH BAKED COOKIES DAILY  <b>*FUEL*</b>
05 CASIMIR PULASKI DAY  NO SCHOOL	06 BUILDING INSTITUTE DAY  NO SCHOOL	07 BBQ ROASTED CHICKEN FRENCH FRIES SIDE SALAD DINNER ROLL FRESH BANANA ORANGE JUICE <b>*FIESTA FLATBREAD*</b>	08 MEX. TORTILLA BOWL REFRIED BEANS CILANTRO RICE SALSA-LETTUCE-TOMATOES-CHEESE-SOUR CREAM <b>*FIESTA FLATBREAD*</b>	09 GRILLED CHEESE & TOMATO SOUP FRENCH FRIES BABY CARROTS DINNER ROLL APPLESAUCE GRAPE JUICE <b>*FIESTA FLATBREAD*</b>	
12 OVEN ROASTED CHICKEN MASHED POTATOES GREEN BEANS DINNER ROLL APPLESAUCE MIX FRUIT JUICE <b>*MEDITERRANEAN* MEATBALL WRAP</b>	13 PENNE ROSA PASTA W/ CHICKEN BROCCOLI SIDE SALAD GARLIC BREAD STICK FRESH APPLE ORANGE JUICE <b>*MEDITERRANEAN* MEATBALL WRAP</b>	14 OVEN ROASTED CHICKEN MASHED POTATOES GLAZED CARROTS DINNER ROLL DICED PEACHES GRAPE JUICE <b>*MEDITERRANEAN* MEATBALL WRAP</b>	15 CHICKEN POP BOWL PEAS & CARROTS CELERY STRICKS BREAD STICK FRESH APPLE ORANGE JUICE <b>*MEDITERRANEAN* MEATBALL WRAP</b>	16 FISH STICKS FRENCH FRIES SIDE SALAD BREAD STICK FRESH BANANA ORANGE JUICE <b>*MEDITERRANEAN* MEATBALL WRAP</b>	
19 CHICKEN STRIPS FAJITA FRENCH FRIES SIDE SALAD DINNER ROLL FRESH APPLE ORANGE JUICE SOUTHWEST TURKEY WRAP	20 SPAGHETTI W/ MEATBALLS GREEN BEANS SIDE SALAD BREAD STICK FRESH BANANA APPLE JUICE TURKEY RUEBEN MELT	21 GENERAL TSO'S CHICKEN W. VEGGIES RICE BABY CARROTS DINNER ROLL DICED PEACH GRAPE JUICE SOUTHWEST TURKEY WRAP	22 MEX. TORTILLA BOWL BROCCOLI CELERY STICKS FRESH APPLE ORANGE JUICE TURKEY REUBEN MELT	23 FISH STRIPS FRENCH FRIES COLESLAW DINNER ROLL SLICED PEARS FRUIT JUICE SOUTHWEST TURKEY WRAP	
26 MEATLOAF W/ ROSEMARY GRAVY RICE GREEN BEANS DINNER ROLL APPLESAUCE MIX FRUIT JUICE SOUTHWEST TURKEY WRAP	27 PENNE ROSA PASTA W/ CHICKEN BROCCOLI SIDE SALAD GARLIC BREAD STICK FRESH BANANA ORANGE JUICE TURKEY RUEBEN MELT	28 CHICKEN STRIPS FAJITA MASHED POTATOES CORN DINNER ROLL FRESH APPLE FRUIT JUICE SOUTHWEST TURKEY WRAP	29 CHICKEN POP BOWL PEAS & CARROTS CELERY STICKS BREAD STICK FRESH APPLE ORANGE JUICE TURKEY REUBEN MELT	30 GOOD FRIDAY  NO SCHOOL	

APRIL 02-06, 2018 ---- SPRING BREAK



We would like to hear from you as a Parent regarding the lunch program provided by Aramark for Proviso SD #209. Please call Mr. Joe Brown 708 202-3044 or E-mail him at [brown-joseph4@aramark.com](mailto:brown-joseph4@aramark.com).  
Or visit us on INSTAGRAM: Aramark\_Proviso209  
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