

Proviso West Counseling Department

VOLUME 1, ISSUE 1

FALL 2011

Important Dates

- December 10th
- ACT retake
- December 15th
- Finals Exams Begin
- December 20th
- End of 1st Semester
- April 24th, 2012
- All School Testing

Welcome!

We would like to take this opportunity to introduce the counseling department for the 2011-2012 school year. For some of you, you'll be meeting your counselors for the first time. Be assured that our counseling department is a seasoned group with experience ranging from 2 to 15 years of experience at Proviso. Each set of counselors will follow their group of students until they graduate from Proviso West High School.

We will be producing a quarterly newsletter to keep you informed about what the counseling department is working on and what parents and students should be preparing for as they move through their high school career. All of the counselors are having meetings with their classes throughout the year, so please check out what's going on with your students. We look forward to working with you!

Class of 2015

Mrs. Linda Daiberl and Dr. Sherman Blade in D101

Class of 2014

Ms. Stephanie Andrews and Mrs. Nicole O'Connor in A101

Class of 2013

Mrs. Hillary Gray-Jones and Mr. Patrick O'Connell in C114

Class of 2012

Mr. Charles Jalove and Ms. Carla Williams in B101

College and Career Counselor

Ms. Yamili Rodriguez in D103

2012/Senior Focus

CONTACTS

Class of 2012

Students A-J

Charles Jalove

cjalove@pths209.org

202-6325

Students K-Z

Carla Williams

202-6324

cwilliams@pths209.org

Class of 2013

Students A-I

Patrick O'Connell

poconnell@pths209.org

202-6328

Students J-Z

Hillary Gray-Jones

202-6327

hgray-jones@pths209.org

Your student has reached the final stretch with graduation right around the corner!

GOT ACT SCORE

All students are required to take the PSAE in order to graduate from any Illinois high School.

The next retake ACT retake is 12/10/11. There is still time to register, however a late fee will be imposed. Students who receive free or reduced lunch qualify to receive a voucher. See your counselor for details.

Need Financial AID

ISAC will be conducting a financial aid workshop on 12/7/11 from 6-8 pm in the little theater. There will be 2 presentations running concurrently, one in English and one in Spanish.

2013/Junior Focus

Your students have reached the half-way mark of their high school career.!

All third year students should visit the Career center by the end of the 1st semester to research post secondary plans. The counselors have conducted a student and parent workshop pertaining to the PLAN test results, PSAE, and college admissions.

Planning on attending a 2 year college or University?

If so you should be making plans to participate in ACT practice classes. The ACT is normally taken in the Spring of your Junior year and is a part of Illinois graduation requirement. Students who are not classified as Juniors at the start of the school year, may not take the exam during all-school testing in April. To assist students in preparing for the April ACT test ,the counselors have been meeting with students to go over the Plan test that they took this past April. Scores were sent home for parents to review with their students .Students see your counselor for your PLAN test booklet as soon as possible.

2014/Sophomore Focus

CONTACTS

Class of 2014

Students A-I

Stephanie Andrews

202-6333

sandrews@pths209.org

Students J-Z

Nicole O'Conner

202-6329

noconner@pths209.org

Class of 2015

Students A-L

Linda Daiberl

ldiabrel@pths209.org

202-6330

Students M-Z

Sherman Blade

202-6305

sblade@pths209.org

Students with 6 credits are considered to have Sophomore Status

The sophomore counselors have been going into the classroom to provide information about gpa and other important topics over the past month. They have also conducted workshops on career planning and strategies to be successful during high school.

2015/Freshman Focus

This is an exciting year for you and your student that can set the tone for their next 4 years. To assist students with a successful start, the counselors have been working with the class of 2015 on the following:

Explore Test

At the beginning of the school year the counselors have been going over results, handing back score reports, encouraging students to take note of specific strategies listed on score report, and work on weak core content areas in order to prepare for the next time they take the Explore test, in April 2012.

Career Development

Freshman counselors have been working with small groups on their personal career goals. Students are being encouraged to start doing research on specific careers by spending time in our Career Center located in D103 during their lunch periods or after school. They can use Career Cruising, a site licensed by Triton Community College that our students are permitted to access, to begin this exploration.

The freshman counselors are also currently formulating four-year plans, discussing topics such as graduation requirements, grade-point averages and calculation of semester grades.

New Beginnings or Never too Late

Career & College Counselor for all grades

Yamili Rodriquez

202-6229

yrodriquez@pths209.org

Check out
our
calendar of
events

Need Funds for College?
Check out
www.fastweb.com
www.fafsa.ed.gov
www.scholarships.com

As Proviso begins a new school year of renewal , the same is true for all students. If you found yourself not to be as academically focused as you should, know it's not too late. Many programs take into account that the transition to high school can be difficult and will give more weight to your grades after freshman year if you can show growth since then. With that in mind ,here are some tips to stay focused this school year

- Get involved!
 - Research shows that students who are involved achieve more.
 - Jobs and Universities will weigh heavily your participation in school activities.
- Be Organized!
- Ask Questions!
 - If you are having difficulty with classes, don't shut down. Ask for help. Tutoring is available in all subjects after school. See your counselor for details. If you are behind in credits, see your counselor to discuss options for recovery.

Parent & Student Resources

High School

Supplemental Educational Services tutoring is available to all students. Click her for the application link to form

Science department link

Khan Academy provides assistance with academic problems www.khanacademy.org

College & Career's

Career/College Inventories

www.whatsnextillinois.org

www.careercrusing.com (see your counselor for access information)

College Admissions

www.collegeboard.com

actstudent.org and march2success.com (test prep)

www.ncaa.org (potential athletes)

Career Resources

- Des Plaines Valley Regional Education for Employment Regional Delivery System (DVR)
www.dvr-efe.org
- www.chicagowomenintrade.org